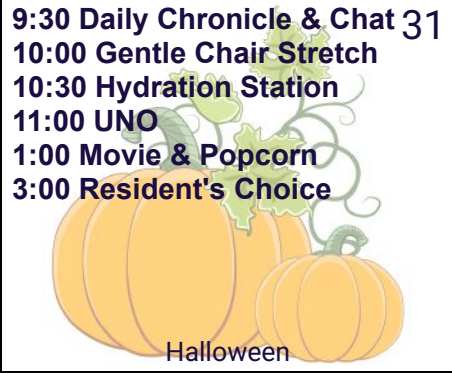


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 THE ASHFORD ON BROAD October 2026				9:30 Daily Chronicle & Chat 1 10:00 Chair Fit Workouts 10:30 Group Word Search 11:00 Music Choice 1:00 Budget Bites 2:30 <i>Get Active w/Adam</i> 3:00 Sweet Treat Hangman	9:30 Daily Chronicle & Chat 2 10:00 Resident Led Exercise 10:30 TV Game Show 11:00 Music Choice 1:00 Memory Journaling 2:00 Social Hour 3:00 Bingo!!	9:30 Daily Chronicle & Chat 3 10:00 Gentle Chair Stretch 10:20 Rummy 11:00 Independent Time 1:00 Movie & Popcorn 3:00 Resident's Choice
9:30 Morning Stretch 4 10:00 Non- Denominational Church Service 11:00 Daily Chronicle & Chat 1:00 Resident's Choice 2:00 Group Scripture Reading 6:00 Music w/Men Of Faith	8:30 Local News 5 9:30 Daily Chronicle & Chat 10:00 Mimic In Motion 10:30 Morning Worship 1:00 Catch & Release 2:00 1:1s 3:00 Bingo!!	9:30 Daily Chronicle & Chat 6 10:00 Indoor Walkers Club 10:15 Chair Fit Workouts 12:50 Painting w/Friends 2:00 <i>Music Party w/The Decade Divas</i> 3:00 <i>Primped & Polished "Manicures"</i>	9:30 Daily Chronicle & Chat 7 10:00 Chair Line Dance 10:30 Hydration Station 11:00 Card Table 1:00 Craft Buddies: <i>Decorate Your Door</i> 3:00 Bingo!!	9:30 Daily Chronicle & Chat 8 10:00 Chair Fit Workouts 10:30 1:1s 11:00 Music Choice 1:00 Wood Shop 2:30 <i>Get Active w/Adam</i> 3:00 Group Brain Games	9:30 Daily Chronicle & Chat 9 10:00 Resident Led Exercise 10:30 TV Game Show 11:00 Music Choice 1:00 Making Memories 2:00 Social Hour 3:00 Bingo!!	9:30 Daily Chronicle & Chat 10 10:00 Gentle Chair Stretch 10:30 Hydration Station 11:00 Independent Hour 1:00 Movie & Popcorn 3:00 Resident's Choice
9:30 Morning Stretch 11 10:00 Non- Denominational Church Service 11:00 Daily Chronicle & Chat 1:00 Resident's Choice 2:00 Group Scripture Reading 3:00 Family Visits	8:30 Local News 12 9:30 Daily Chronicle & Chat 10:00 Mimic In Motion 10:30 Music Choice 1:00 Catch & Release 2:00 1:1s 3:00 Bingo!!  Indigenous Peoples' Day Columbus Day (U.S.)	9:30 Daily Chronicle & Chat 13 10:00 Indoor Walkers Club 10:15 Chair Fit Workouts 12:50 Painting w/Friends 2:00 Balloon Volleyball 3:00 <i>Primped & Polished "Manicures"</i>	9:30 Daily Chronicle & Chat 14 10:00 Chair Line Dance 10:30 Hydration Station 11:00 Memory Game 1:00 Craft Buddies 3:00 Bingo!!	9:30 Daily Chronicle & Chat 15 10:00 Chair Fit Workouts 10:30 Group Word Search 11:00 Music Choice 1:00 Budget Bites 2:30 <i>Get Active w/Adam</i> 3:00 Phase10	9:30 Daily Chronicle & Chat 16 10:00 Resident Led Exercise 10:30 TV Game Show 11:00 Music Choice 1:40 <i>Fall Fashion Show</i> 3:00 Bingo!! 	9:30 Daily Chronicle & Chat 17 10:00 Gentle Chair Stretch 10:30 Hydration Station 11:00 Independent Time 1:00 Movie & Popcorn 3:00 Resident's Choice
9:30 Morning Stretch 18 10:00 Non- Denominational Church Service 11:00 Daily Chronicle & Chat 1:00 Resident's Choice 2:00 Group Scripture Reading 3:00 Family Visits	8:30 Local News 19 9:30 Daily Chronicle & Chat 10:00 Mimic In Motion 10:30 TV Game Show 1:00 Can You Hit A Bullseye 2:00 1:1s 3:00 Bingo!!	9:30 Daily Chronicle & Chat 20 10:00 Indoor Walkers Club 10:15 Chair Fit Workouts 12:50 Painting w/Friends 2:00 Skee-Ball 3:00 <i>Primped & Polished "Manicures"</i>	9:30 Daily Chronicle & Chat 21 10:00 Chair Line Dance 10:30 Hydration Station 11:00 Card Table 1:00 Craft Buddies 3:00 Bingo!!	9:30 Daily Chronicle & Chat 22 10:00 Chair Fit Workout 10:30 1:1s 11:00 Music Choice 1:00 Wood Shop 2:30 <i>Get Active w/Adam</i> 3:00 Clue	9:30 Daily Chronicle & Chat 23 10:00 Resident Led Exercise 10:30 TV Game Show 11:00 Music Choice 1:00 Memory Journaling 2:00 Social Hour 3:00 Bingo!!	9:30 Daily Chronicle & Chat 24 10:00 Gentle Chair Stretch 10:30 Hydration Station 11:00 Independent Hour 1:00 Event Setup 2:00-6:00 <i>AOB Fall Bake Sale</i> 
9:30 Morning Stretch 25 10:00 Non- Denominational Church Service 11:00 Daily Chronicle & Chat 1:00 Resident's Choice 2:00 Group Scripture Reading 3:00 Family Visits	8:30 Local News 26 9:30 Daily Chronicle & Chat 10:00 Mimic In Motion 10:30 Music Choice 1:00 Touch & Tell 2:00 1:1s 3:00 Bingo!!	9:30 Daily Chronicle & Chat 27 10:00 Indoor Walkers Club 10:15 Chair Fit Workouts 12:50 Painting w/Friends 2:00 <i>OCTOBER Birthday Bash</i> 3:00 <i>Primped & Polished "Manicures"</i>	9:30 Daily Chronicle & Chat 28 10:00 Chair Line Dance 10:30 Hydration Station 11:00 Card Table 1:00 Craft Buddies 3:00 Bingo!!	9:30 Daily Chronicle & Chat 29 10:00 Chair Fit 10:30 Group Word Search 11:00 Music Choice 1:00 Budget Bites 2:30 <i>Get Active w/Adam</i> 3:00 The Phrase Game	9:30 Daily Chronicle & Chat 30 10:00 Resident Led Exercise 10:30 Memory Journaling/ 1:30 Bingo!! 2:40 Party Setup 6:30-9:00 <i>Halloween Glow Party</i>	9:30 Daily Chronicle & Chat 31 10:00 Gentle Chair Stretch 10:30 Hydration Station 11:00 UNO 1:00 Movie & Popcorn 3:00 Resident's Choice  Halloween